

PALEONTOLOGY

PALN 110 ANCIENT LIFE AND PAST ENVIRONMENTS

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: An introductory ecological approach to the changing parade of life and ancient environments through the past 3.5 billion years of Earth history. Included are collecting, preparing, analyzing and interpreting a fossil marine fauna. Transfer: CSU: B2, UC. (IGETC: 5B)

PARALEGAL

LEGL 249 INTRODUCTION TO THE LEGAL SYSTEM

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): None. Description: The role of a paralegal, an overview of the U.S. legal system, and an introduction to the substantive areas of law taught in the paralegal program. Transfer: CSU.

LEGL 250 LEGAL RESEARCH AND WRITING

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for ENGL 110; Prerequisite(s): Completion of, or concurrent enrollment in LEGL 249. Description: The student is introduced to reading and briefing legal cases and the principles of legal writing. Students also learn the differences between 1) primary and secondary sources, 2) title and court records, and 3) county, state, and specialization law libraries, and specialized libraries. Other topics included in the course are organization and management of an office law library, cite checking, and preparation of bibliographies. Transfer: CSU.

LEGL 251 TORTS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249. Description: Study of the various torts that make up the substantive law of torts. The topics included are the basis of tort liability, the elements of actionable torts, remedies, and procedures. Transfer: CSU.

LEGL 252 CIVIL LITIGATION AND TRIAL PREPARATION

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249. Description: Introduction to the basis of trial practice and civil litigation procedures. Students learn how to prepare pleadings and motions, complete discovery and fact investigations, identify pretrial considerations, preserve facts and prepare for trial, and complete post-trial motions and appeals. Transfer: CSU.

LEGL 253 ESTATE ADMINISTRATION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249. Description: Examines the fundamental principles involved in the legal process of estate planning and probating an estate. The basic law of wills and the preparation of all pleadings and documents customarily used in planning and probating an estate are included also. Transfer: CSU.

LEGL 254 FAMILY LAW

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Completion of, or concurrent enrollment in LEGL 249, or equivalent. Description: Student learns legal principles and practical matters on starting a family law case, dissolving marital status, the court process, child and spousal support, child custody and visitation, and the characterization and division of marital property. Students prepare several family law pleadings used in a family law case. Course is combined with lectures and projects. Transfer: CSU.

LEGL 255 CORPORATIONS AND BUSINESS ENTITIES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Completion of, or concurrent enrollment in LEGL 249. Description: Basic orientation to business organizations involving sole proprietorships and partnerships. Procedures followed for qualifying a foreign corporation in California are discussed as well. Transfer: CSU.

LEGL 256 REAL PROPERTY LAW

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Completion of, or concurrent enrollment in LEGL 249. Description: In this course, emphasis is placed on the relationships between buyer and seller of real estate and between landlord and tenant. The role of the legal assistant in the analysis and solution of legal problems and in the preparation of documents is also discussed. Transfer: CSU.

LEGL 257 BANKRUPTCY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Completion of, or concurrent enrollment in LEGL 249. Description: Overview of the bankruptcy court, administration of bankrupt estates by receivers and trustees, and the preparation of voluntary cases. Students learn to apply the analytical skills needed to assist attorneys in preparing bankruptcy petitions and other documents. Transfer: CSU.

LEGL 260 ADVANCED LEGAL RESEARCH AND WRITING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249 and 250. Description: Students develop and refine legal research and writing skills by preparing a series of projects which include legal documents for court cases filed by attorneys. Included is the efficient use of law libraries. Transfer: CSU.

LEGL 262 PARALEGALISM AND STUDY OF LEGAL ETHICS

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for ENGL 110; Prerequisite(s): LEGL 249. Description: Major aspects and issues of the paralegal profession, skills of a paralegal, and legal ethics. Topics include new careers in law, paralegal employment, the regulation of paralegals, legal analysis, interviewing, investigation in a law office, and formal and informal advocacy with administrative agencies. Transfer: CSU.

LEGL 264 CONTRACTS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249. Description: Study of the theory and practice of contract law. Students learn to create contracts and identify contract breaches provided for by law. Transfer: CSU.

LEGL 268 ADMINISTRATIVE LAW

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): LEGL 249. Description: Fundamentals of the administrative law system—how it developed, what it is intended to do, and how it works. Federal cases; issues in administrative law such as those that apply to tax, welfare, and environmental law; workers' compensation and social security are examined also. Transfer: CSU.

LEGL 274 ADVANCED FAMILY LAW PROJECTS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for ENGL 110; Prerequisite(s): LEGL 254. Description: Overview of the skills needed to prepare documents and forms commonly found in family law (divorce) matters. Potential examples are petitions, responses, orders to show cause, responsive declarations, income and expense declarations, pretrial statements, disclosure statements, discovery judgments, marital settlement agreements, and support calculations. Transfer: CSU.

LEGL 276 ELECTRONIC LITIGATION

Units (Grade Option) 2; Class Hours: Minimum of 32 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): None. Description: This survey course provides an overview of the ways in which law firms and libraries increasingly use the This course teaches prospective paralegals how to use PC/Windows based computers, peripherals, software and the Internet in a law office environment. Since all federal courts and many state courts now handle litigation electronically (online and with computers), the course covers the functions of PC computers and the use of main or core PC software and programs that law firms use in daily operations and in litigation. Also, learn about the power of the Internet, (troubleshooting, backup programs, online filing, research, etc.), and using the Internet in litigation (investigation, evidence gathering, accessing the courts, etc.). Transfer: CSU.

PHILOSOPHY**PHIL 100 INTRODUCTION TO PHILOSOPHY (CAN PHIL 2)**

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): None. Description: An introductory course in the examination of some of the classical philosophical problems in the areas of ethics, metaphysics, epistemology, and social and political philosophy. Selected philosophers of the respective areas are examined, analyzed, compared, and contrasted. The aim of this course is to study the ideas and theories of these areas, think critically, and observe the relevancy of these ideas in everyday life. A multicultural perspective is also integrated. Transfer: CSU: C2, UC. (IGETC: 3B)

PHIL 103 CRITICAL THINKING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): None. Description: A general overview of the principles and methods of reasoning skills is examined. Methods and techniques are introduced to identify arguments from various types of discourse. Students develop the skills to analyze the structure of an argument, types of argument; informal fallacies and evaluation of arguments. Some formal logic is introduced to facilitate understanding of logical reasoning. Students develop skills of constructing valid/sound argument in argumentative essays. Transfer: CSU: A3, UC.

PHIL 160 HISTORY OF PHILOSOPHY: ANCIENT AND MEDIEVAL (CAN PHIL 8)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course is an introduction to the history of Western philosophy from pre-Socratic to Renaissance. Selections from representative philosophers and/or schools—pre-Socratic, Plato, Aristotle, philosophy of the Roman world, and Christian and early rationalist thought—are studied. Analysis of attempts to resolve fundamental metaphysical, epistemological, and ethical questions is also included. Transfer: CSU: C2, UC. (IGETC: 3B)

PHIL 190 CONTEMPORARY PHILOSOPHY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: A general survey of the philosophical developments in the 19th and 20th centuries and their ramifications on social, political, moral, and religious movements. Traditions of Idealism, existentialism, Marxism, logical positivism, pragmatism, utilitarianism, and linguistic analysis are examined. Transfer: CSU: C2, UC. (IGETC: 3B)

PHIL 200 INTRODUCTION TO LOGIC (CAN PHIL 6)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This is an introductory course in the study of formal logic which includes the following: argument and types of arguments; language: meaning and definition; informal fallacies; syllogism; propositional logic; predicate logic;

and induction. Also included is the critical study of the conditions of meaningful statements, analysis, and evaluation of arguments, skills in performing logical deduction and constructing logical proofs. Transfer: CSU: A3, UC.

PHIL 240 INTRODUCTION TO ETHICS (CAN PHIL 4)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course discusses the major ethical principles and theories in the world. How these principles apply to one's ethical decision making and moral responsibility is examined. Classical and contemporary deontological and teleological theories and existential theory and others are studied. Contemporary ethical issues, abortion, euthanasia, homosexuality, feminism, and terrorism are also examined. Transfer: CSU: C2, UC. (IGETC: 3B)

PHIL 246 ETHICS IN AMERICA

Telecourse: Units (Grade Option) 3; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Examines contemporary ethical conflicts in journalism, government, medicine, law, business, and the criminal justice system. Provides a grounding in the language, concepts, and traditions of ethics. Transfer: CSU: C2.

PHIL 300 INTRODUCTION TO WORLD RELIGIONS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: An introduction to the study of great world religions; their religious and spiritual teachings; their rituals and literatures; their impact on the respective world views and culture; and finally their influence on the meaningfulness of human existence and their meaning in relation to the Transcendent. Transfer: CSU: C2, UC. (IGETC: 3B)

PHIL 320 ASIAN PHILOSOPHY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course is a general survey of the philosophical developments in China, India, and Japan. Major philosophical theories of these countries are compared and evaluated. The philosophical impact on Asian perspective of purpose and meaningfulness of existence, human destiny, ethical, and metaphysical views is examined. Transfer: CSU: C2, UC. (IGETC: 3B)

PHYSICAL EDUCATION

ADAPTIVE

Adaptive Physical Education courses are offered primarily for students with physical limitations. Physician's verification of limiting condition on file is recommended.

ADAP 310 ADAPTIVE P. E. FITNESS PROFILE

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: Students' physical fitness levels are assessed to demon-

strate measurable progress as a result of participating in an Adaptive P.E. class. Students set realistic, individual goals for improvement of their fitness and mobility. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

ADAP 320 ADAPTIVE FUNCTIONAL FITNESS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 by arrangement lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: Exercises to improve the activities of daily living for physically limited individuals with emphasis on proper body mechanics, posture, and movement patterns leading to greater safety and independence. May be repeated for credit up to 3 times. Transfer: CSU, UC*.

ADAP 350 ADAPTIVE GENERAL CONDITIONING

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: This course provides a total fitness program for the adaptive physical education student, emphasizing cardiovascular endurance, flexibility, muscular strength, balance, coordination, posture, and body mechanics. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

ADAP 351 ADAPTIVE STRENGTH TRAINING

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: In this course students use a variety of equipment and resistive techniques to increase overall strength, endurance, and flexibility. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

ADAP 361 BALANCE AND COORDINATION ACTIVITIES

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: A variety of techniques are taught to develop better balance and coordination for more efficient movement throughout daily living activities. Transfer: CSU: E2, UC*.

ADAP 362 ADAPTIVE LIFELONG WELLNESS

Units (Grade Option) 0.5-1.5; Class Hours: Minimum of 24-72 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: Comprehensive development of a lifetime fitness and wellness plan, emphasizing preparation for home-based and alternative community-sponsored activity programs. May be repeated for credit up to 3 times for a maximum of 6 units. Transfer: CSU, UC*.

COMBATIVES

COMB 401 SELF DEFENSE

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course is designed for students to gain knowledge about basic self-defense. Areas covered are mental preparation, avoidance of areas conducive to violent action; front and rear grasp releases, and ground tactics are stressed. Both violent and non-violent techniques are covered. Activities deal with all releases, striking, hitting and kicking situations. Emphasis is placed on physical and mental preparedness in dealing with confrontations. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

COMB 410 BEGINNING KARATE

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course is designed for students to gain the knowledge and skills found in the sport, philosophy and fighting skills of TAE KWON DO. Basic kicking, blocking and punching techniques and their applications in self-defense, the Olympic sport, and rank promotion aspects are covered. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

DANCE

DANC 125 BEGINNING SALSA

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Beginning techniques of partner salsa dancing for men and women. Proper body placement, lead and follow techniques, and stylization applied to dance patterns. Shine steps are covered. Strong emphasis on dance etiquette and understanding of the rhythms of the music. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 126 INTERMEDIATE SALSA

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): DANC 125, or demonstrated skill.

Description: Continuation of DANC 125. A thorough review of Beginning Salsa is provided. Then more complex turns and patterns are demonstrated and practiced. There is greater emphasis on the development of dance stylization and timing and emphasis on proper partner dance etiquette and safety. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 127 ADVANCED SALSA

Units (Grade Option) 0.5; Class Hours: Minimum of 24 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): DANC 126, or demonstrated skill.

Description: This course is designed for the more advanced student who has already demonstrated advanced ability in lead/follow technique, dance pattern complexity and proper timing. Longer and more difficult dance combinations are covered without introduction or emphasis of the basics. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 140 BALLET

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Beginning techniques of classical ballet are studied and executed. Movement skills, body alignment and placement, rhythmic structures, qualities of movement, and the classical terminology are presented. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 205 BEGINNING JAZZ

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Elementary jazz techniques, foot and leg development, basic turns, isolation of body parts and understanding of the rhythms of jazz music are covered in this course. Short combinations are learned using basic jazz techniques. Emphasis on locomotive movements. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 210 BEGINNING/INTERMEDIATE JAZZ

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): DANC 205 or equivalent.

Description: Continuation DANC 205. Emphasis is placed on single and double turns, longer combinations, and more complex techniques. There is opportunity to perform in groups in classroom demonstrations. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 215 INTERMEDIATE JAZZ

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): DANC 210 or equivalent.

Description: This course is designed for the more advanced dance student. Techniques and skills include more difficult and longer combinations and sequences. Opportunities to perform and creative endeavors are encouraged. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 220 CONDITIONING FOR DANCE TECHNIQUE

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course is designed for the athlete, student of dance/drama, and others to help increase overall performance. Exercises to increase strength, endurance, flexibility, muscle tone and poise are used. Concepts of nutrition, prevention and care of injury, yoga, ballet, and body alignment are covered in detail. The history of dance and comparison of various dance styles is discussed. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

DANC 230 BODY MOVEMENT

Units (Grade Option) 0.5; Class Hours: Minimum of 24 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course is designed for the student with none or very limited dance experience. Development of basic movement skills, use of props, understanding elements of music are included. This course is recommended for singers and actors. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

DANC 350 DANCE AEROBICS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Warm up, toning exercises, vigorous dance sequences, cool down and stretching are presented to upbeat pop music. Safely working at one's own pace is emphasized. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

DANC 400 DANCE PRODUCTION

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Includes techniques and composition of actual dance performance productions. Choreography, music, make-up, costumes, lighting and staging are included. Course culminates in dance production. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC.

FITNESS**FITN 117 FITNESS ASSESSMENT AND CONDITIONING**

Units (Grade Option) 0.5-1; Class Hours: Minimum of 16-32 lab/8-16 by arrangement lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Increase quality of life by adopting and maintaining daily physical activity. Apply motivational and behavior modification techniques that aid in the adherence to a lifetime fitness and wellness program. Students assess health-related components of fitness, then set personal fitness/wellness goals and monitor progression. Special emphasis is paid to the design and execution of a personalized exercise prescription. Successful completion enables students and athletes to work independently in a fitness environment. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 118 BEGINNING FITNESS CENTER

Units (Credit/No Credit) 0.5-2; Class Hours: Minimum of 16-64 lab/8-32 by arrangement lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): FITN 117.

Description: A self paced strength training program for the beginning student through the use of free weights, functional training apparatus, selected machines and aerobic conditioning equipment for lifelong health and wellness. Empowers students and athletes to optimize their fitness capabilities, achieving excellence through the promotion of a healthy lifestyle, providing opportunities to improve personal wellness and applying fundamentally sound principles. Includes orientation, goal setting and assessment. Transfer: CSU: E2, UC*.

FITN 119 INTERMEDIATE FITNESS CENTER

Units (Credit/No Credit) 0.5-2; Class Hours: Minimum of 16-64 lab/8-32 by arrangement lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): FITN 118 or 121.

Description: Continuation of FITN 118. A self paced strength training program for the intermediate level student that incorporates free weights, functional training apparatus, selected machines and aerobic conditioning equipment for lifelong health and wellness. Empowers students and athletes to optimize their fitness capabilities, achieving excellence through the promotion of a healthy lifestyle, providing opportunities to improve personal wellness and applying fundamentally sound principles. Examines goal setting,

fitness assessment and fitness program design. May be repeated for credit up to 2 times. Transfer: CSU: E2, UC*.

FITN 122 LIFELONG FITNESS

Units (Grade Option) 2; Class Hours: Minimum of 96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: A comprehensive group activity course designed for all ages to improve cardiorespiratory function, upper and lower body muscular strength, muscular endurance, flexibility and body composition with additional emphasis on posture, coordination, agility and balance without use of special equipment. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 123 CARDIO PUMP FITNESS

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: A total fitness class for men and women that is designed to improve cardiovascular endurance, muscular strength, flexibility, balance and coordination, posture and body mechanics. The use of free weights and exercubes is incorporated in class. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 124 PILATES TRAINING

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Students learn to perform controlled, focused exercises based on the work of Joseph Pilates designed to increase strength and awareness of the body's core muscles. This course includes discussion of optimal musculoskeletal functioning for postural stability that enhance performance in everyday work and play, athletics and dance. Exercise mat required. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 128 GET ON THE BALL EXERCISING

Units (Grade Option) 1-2; Class Hours: Minimum of 48-96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Exercising on a stability ball to achieve functional movement, abdominal and lower-back strength, while increasing whole-body strength, flexibility, stabilization, balance, and coordination. This foundation course is suitable for all age groups and prepares body for all levels of activity – athletic to everyday movement. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 140 EXERCISE APPRECIATION I

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This is a basic conditioning course. Progressive exercise plans are offered that involve strength, endurance, flexibility, coordination, balance and agility. Tests and evaluation are affiliated with the Cañada Fitness Institute. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 151 BEGINNING STEP AEROBICS

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: The seventeen basic step techniques are developed in this beginning step aerobic course with emphasis on strength, endurance and flexibility. Routines include the use of step benches which aid improvement of overall fitness levels. The class activity includes warm-up, vigorous activity and cool-down. Small weights are used to develop upper body and abdominal strength. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 153 SOCCER CONDITIONING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: A comprehensive group activity course designed to improve the total fitness level of the competitive intercollegiate community college soccer athlete. Course emphasizes cardiovascular fitness, strength, speed, balance and agility with and without the ball. Assessments of the students' fitness levels are made through a series of fitness tests. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 154 VOLLEYBALL CONDITIONING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: A comprehensive group activity course designed to improve the total fitness level of the competitive intercollegiate community college volleyball athlete. Course emphasizes cardiovascular fitness, strength, speed, balance and agility with and without the ball. Assessments of the students' fitness levels are made through a series of fitness tests. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 210 VARSITY WEIGHT CONDITIONING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Concurrent enrollment in a team sport or demonstrated skill in athletic competition.

Description: Designed for students in varsity or team sport to improve strength, balance, flexibility, and bulk through the use of free weights and weight machines. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 240 VOCABULARY OF EXERCISE PHYSIOLOGY

Units 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None.

Description: Learn the terminology used by fitness professionals to accurately describe movement, location and positions of the body. The basic vocabulary required for analyzing fitness and exercise literature is covered, including the anatomical planes of motion, axes of rotation, joint action, anatomical locations, and positions. This vocabulary will form a basis for communicating and learning about exercise. Transfer: CSU.

FITN 245 PRINCIPLES AND TECHNIQUES OF RESISTANCE TRAINING

Units 2; Class Hours: Minimum of 32 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400;

Prerequisite(s): None. **Description:** Learn basic resistive training principles, acute program variables and proper spotting techniques. Body mechanics of various exercises stressing proper form on machines, free weights, tubes and balls. Students assess how to position clients for the exercise to get the proper anatomical positioning throughout the exercise. Transfer: CSU.

FITN 250 PERSONAL TRAINER PREPARATION: ANATOMY AND PHYSIOLOGY

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400;

Prerequisite(s): None. **Description:** Comprehensive coverage of functional anatomy, exercise physiology, nutrition and weight management, and cardiovascular pathology and related risk factors. Successful completion of this course assists the student to prepare for a variety of national certification exams for Exercise Leader including the American College of Sports Medicine (ACSM) and the American Council on Exercise (ACE). Transfer: CSU.

FITN 251 PERSONAL TRAINER: HEALTH APPRAISAL AND EXERCISE PRESCRIPTION

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, ENGL 836 or ESL 400, and MATH 110 or 111;

Prerequisite(s): None. **Description:** Comprehensive coverage of health appraisal screening, health assessment techniques, fitness testing assessment, metabolic calculations, exercise programming and techniques to change health behaviors. Successful completion of this course assists the student in preparing for a variety of national certification exams for exercise leader including American College of Sports Medicine (ACSM) and American Council on Exercise (ACE). Transfer: CSU.

FITN 306 FITNESS WALKING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This comprehensive course includes an historical perspective, with emphasis on the physical and mental benefits of walking, its effect on longevity, injury prevention, the cardiovascular system and disease rehabilitation. Additionally, such topics as hiking and backpacking, safety gear and weather are covered. Techniques of striding, race walking and nutrition, as it relates to overall fitness, are introduced. Areas conducive to safe walking, both in the community and in local parks, are used as well as the campus. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 320 AEROBIC FITNESS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Through a slow build up utilizing calisthenics, stretching, and jogging, the student progresses towards a higher level of aerobic fitness. The core activity is jogging and, weather permitting, class is conducted outdoors. The assumption is made that this is a first time experience for the student and all activity starts at the beginners' level. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 332 FLEXIBILITY AND STRETCHING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: The focus of this course is to help condition and tone the body through low impact fitness techniques and total body stretching, proper breathing techniques, and exercises for flexibility. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 334 YOGA

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Introduction to basic yoga, breathing exercises, and meditation. Specific poses, "asanas", movement modalities and yogi styles are practiced. Develop strength, relaxation and a sense of well being. Techniques of breathing are incorporated into each pose. Each class session ends with a variety of meditation techniques. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

FITN 340 AEROBIC CYCLING

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This aerobic cycling course is to acquaint students with use of stationary ergometers to help increase cardiovascular fitness levels and assist in lowering body fat, while increasing lean body mass. May be repeated for credit once. Transfer: CSU: E2, UC*.

INDIVIDUAL SPORTS**INDV 120 BADMINTON**

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Instruction in the basic fundamentals of the game of badminton including techniques of singles and doubles play, rules of the game, and basic strategy. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

INDV 161 BEGINNING GOLF

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Instruction in the techniques, rules, etiquette and philosophy of the game for the beginning golfer. Stance, grip, position, swing and follow-through as associated with selected irons and woods is covered. Most sessions are held on campus, some activity may be scheduled for local courses and driving ranges. May not be repeated. Transfer: CSU: E2, UC*.

INDV 164 INTERMEDIATE/ADVANCED GOLF

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability.

Description: Extension of the fundamentals learned in Beginning Golf. Considerable emphasis is placed on the competitive aspects of golf; tournament play is a major part of the course. Sessions are conducted at Cañada College and Emerald Hills golf course. May be repeated for credit up to 2 times. Transfer: CSU: E2, UC*.

INDV 166 EXPERT GOLF TRAINING

Units (Grade Option) 1-2; Class Hours: Minimum of 48-96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated skill.

Description: This course is offered for the advanced golfer wishing to prepare for competition either as a member of the Cañada College Varsity Golf Team or other competition. Major emphasis is on actual competition playing on local golf courses. A minimum passing score on a written test of golf rules and etiquette is required before playing on a course. A minimum skill level must be demonstrated to remain in the course. Included are both on and off course drills for skills and strategy. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

INDV 251 BEGINNING TENNIS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: The fundamentals of tennis are covered in this course, including forehand and backhand ground strokes, serve and volley, rules, scoring system, tennis etiquette and basic tactics of singles and doubles play. Some competition is included at the end of the course. The improvement of the individual player is emphasized. May not be repeated. Transfer: CSU: E2, UC*.

INDV 252 BEGINNING/INTERMEDIATE TENNIS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): INDV 251 or equivalent.

Description: Designed for students who have completed a semester of beginning tennis or the equivalent. Emphasis is on continued improvement in forehand and backhand ground strokes, serve, volley, lob and smash, and basic tactics of singles and doubles. Drills and match play occur throughout the semester. May not be repeated. Transfer: CSU: E2, UC*.

INDV 254 INTERMEDIATE/ADVANCED TENNIS

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): INDV 252 or equivalent.

Description: Designed for the student with prior tennis experience. All strokes and shots are presented, including forehand and backhand ground strokes, serve, volley, lob and overhead. Advanced instruction in singles and doubles play is included. Individual improvement is a major emphasis. May be repeated for credit one time. Transfer: CSU: E2, UC*.

INDV 256 EXPERT TENNIS TRAINING

Units (Grade Option) 2; Class Hours: Minimum of 96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated skill.

Description: Designed for men and women of expert tennis ability who wish to develop their tennis skills. Students are instructed in the fundamentals as needed and put through many drills designed to improve their tennis skills. Conditioning and strategy is a major part of this course. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

THEORY

P.E. 115 INTRODUCTION TO ADAPTIVE PHYSICAL EDUCATION

Units (Grade Option) 2; Class Hours: Minimum of 32 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course is designed to provide a working knowledge of numerous disabilities and current adaptive physical education techniques for students interested in pursuing a career in adaptive physical education, physical therapy, special education, or any other health-related field. Transfer: CSU: E2.

P.E. 116 ASSISTING IN ADAPTIVE PHYSICAL EDUCATION

Units (Grade Option) 0.5-3; Class Hours: Minimum of 24-144 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: In this course students gain practical experience in the techniques of working with disabled persons through assisting in any of the adaptive physical education classes. May be repeated for credit up to 3 units. Transfer: CSU: E2.

P.E. 118 INTRODUCTION TO FUNCTIONAL FITNESS MEASURES

Units (Grade Option) 0.5-3; Class Hours: Minimum of 24-144 by arrangement lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: Introduction to the current testing measures used in the field of adaptive physical education and rehabilitation. This course material is relevant for individuals pursuing a career in physical therapy or a related field, as well as for persons working in any capacity with adults with special needs. Students learn and have an opportunity to practice a variety of testing protocols, as well as to evaluate the outcomes of a functional fitness program. Open entry/Open Exit. May be repeated for credit up to 3 times for a maximum of 3 units. Transfer: CSU.

P.E. 305 THEORY OF BASKETBALL

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None.

Description: This course presents the techniques, strategies, history, and philosophy of the game of basketball. High school, college, and professional guest speakers participate in the course. Transfer: CSU, UC*.

P.E. 306 THEORY OF COACHING SOCCER

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): TEAM 141 or equivalent.

Description: This course is designed for the student who wishes to coach soccer at the youth, adult or collegiate level. Rules of the game, coaching theories for youth and adults, and coaching tactics for basic and advanced situations are discussed. Transfer: CSU, UC*.

P.E. 308 PREVENTION AND CARE OF ATHLETIC INJURIES

Units 2; Class Hours: Minimum of 24 lecture/24 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400;

Prerequisite(s): BIOL 250 or FITN 250. **Description:** Introduction to the basic principles of prevention, assessment, treatment, and rehabilitation of athletic related injuries. Includes basic anatomical and physiological aspects, evaluation and assessment, as well as

considerations and overview of injuries with treatment protocols. Transfer: CSU, UC.

TEAM SPORTS

TEAM 105 ADVANCED BASEBALL

Units (Grade Option) 2; Class Hours: Minimum of 96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated competency.

Description: This course is designed for the advanced baseball player with superior skills of play. Fundamentals of baseball related to the advanced player are offered. Evaluation devices are geared to advanced skill in performance. May be repeated for credit once. Transfer: CSU: E2, UC*.

TEAM 111 BEGINNING BASKETBALL

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course provides the fundamental skills of basketball such as dribbling, passing, and shooting. Elementary team offense and defense situations are offered dealing primarily with two and three men situations. Playing rules of the game are stressed through written and practical examinations. Skill testing is emphasized. A round robin schedule is provided. May not be repeated. Transfer: CSU: E2, UC*.

TEAM 115 ADVANCED BASKETBALL

Units (Grade Option) 1-1.5; Class Hours: Minimum of 48-72 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM 111 or demonstrated skill.

Description: Advanced aspects of team offense and defense. Emphasis is placed on team play through the medium of round robin schedules and tournaments. Evaluation is conducted through written and practical examinations on rules and skills taught. May be repeated for credit up to 2 times. Transfer: CSU: E2, UC*.

TEAM 141 BEGINNING SOCCER

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None.

Description: This course covers instruction in basic fundamentals essential for team play. Skills such as dribbling, trapping, passing, heading, shooting, and throw-ins are combined with conditioning drills preparing one for competition. The rules of the game are taught for a thorough understanding of team play. Tests of basic skills and game laws are conducted. May not be repeated. Transfer: CSU: E2, UC*.

TEAM 143 ADVANCED SOCCER

Units (Grade Option) 1-1.5; Class Hours: Minimum of 48-72 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated skill.

Description: Competitive team play is stressed with advanced strategies employed. Tactics are emphasized that require advanced skills and conditioning. Tests are conducted to measure the degree of proficiency. May be repeated for credit up to 2 times. Transfer: CSU: E2, UC*.

TEAM 148 INDOOR SOCCER

Units (Grade Option) 1; Class Hours: Minimum of 48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM

141 or demonstrated skill. **Description:** This course focuses on indoor soccer at an intermediate level of play. It includes individual and group drills, skills development, rules of the game, and team play through round robin competition. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

TEAM 151 BEGINNING SOFTBALL

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. **Description:** This is a course which offers instruction in the basic fundamentals of softball play. Students participate in both round robin and tournament schedules. Beginning skills are taught and play situations expanded. Slow pitch receives the major emphasis, but fast pitch may be offered. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

TEAM 171 BEGINNING VOLLEYBALL

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. **Description:** Instruction and practice of the fundamentals of the game including serving, passing, setting, spiking, and the basic defensive and offensive strategies. Emphasis is placed on the rules and etiquette of the game. Round robin play is included. May not be repeated for credit. Transfer: CSU: E2, UC*.

TEAM 174 INTERMEDIATE/ADVANCED VOLLEYBALL

Units (Grade Option) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM 171 or demonstrated skill. **Description:** Continuation of TEAM 171. Emphasis is placed on refinement of basic fundamentals of the game, team set ups, play, and knowledge of the rules. Round robin team play is involved. May be repeated for credit up to 2 times. Transfer: CSU: E2, UC*.

TEAM 180 INTERMEDIATE/ADVANCED COMPETITION VOLLEYBALL

Units (Grade Option) 0.5-2; Class Hours: Minimum of 24-96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM 174 or equivalent skill level. **Description:** Designed for the intermediate to advanced volleyball student with an emphasis on team offensive/defensive strategies. Includes participation in organized round-robin competition preceded by a brief period of appropriate warm-up activities. Transfer: CSU: E2, UC*.

TEAM 181 ADVANCED COMPETITION VOLLEYBALL

Units (Grade Option) 0.5-2; Class Hours: Minimum of 24-96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM 180 or equivalent skill level. **Description:** Designed for the advanced volleyball student with an emphasis on the 6-2 and 5-1 team offensive/defensive systems and strategies. Includes participation in organized round-robin competition preceded by a brief period of appropriate warm-up activities. May be repeated for credit up to two times for a maximum of 6 units. Transfer: CSU: E2, UC*.

TEAM 185 EXPERT VOLLEYBALL TRAINING

Units (Grade Option) 1-2; Class Hours: Minimum of 48-96 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): TEAM 180 or demonstrated skill level. **Description:** Designed for advanced and expert level volleyball players who wish to further develop technique, enhance their individual skills and team strategies. This course emphasizes individual and team training in order to prepare players for game play and/or competition. Course includes an introduction to, and use of, advanced offensive and defensive systems using international rules. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

INTERCOLLEGIATE SPORTS

VARS 104 VARSITY BASEBALL

Units 3; Class Hours: Minimum of 160 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. **Description:** This course consists of intercollegiate competition in the Coast Conference and participation in regional tournaments, Northern California playoffs and the State C.C. Championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

VARS 114 VARSITY BASKETBALL

Units 1.5; Class Hours: Minimum of 80 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. **Description:** This course consists of intercollegiate competition in the Coast Conference and participation in regional tournaments, Northern California playoffs and the State C.C. Championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

VARS 140 VARSITY GOLF

Units 3; Class Hours: Minimum of 160 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. **Description:** This course consists of intercollegiate competition in the Coast Conference and participation in dual matches, invitationals and the conference championships. Team members also participate in the Northern California and State C.C. Championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

VARS 154 VARSITY SOCCER

Units 3; Class Hours: Minimum of 160 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. **Description:** This course consists of intercollegiate competition in the Coast Conference and participation in regional tournaments, NorCal playoffs and the state conference championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

VARS 170 VARSITY TENNIS

Units 3; Class Hours: Minimum of 160 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. **Description:** This course consists of intercollegiate competition in the Coast Conference and participation in dual matches, invitationals, league meets, Northern California and State C.C. Championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

VARS 340 VARSITY WOMEN'S VOLLEYBALL

Units 3; Class Hours: Minimum of 160 lab hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): Demonstrated ability. Athlete must be enrolled in 12 units. Description: Intercollegiate competition in the Coast Conference and NorCal and State CC championships when qualified. May be repeated for credit up to 3 times. Transfer: CSU: E2, UC*.

PHYSICS**PHYS 210 GENERAL PHYSICS I****(CAN PHYS 2) (CAN PHYS SEQ A = PHYS 210 + 220)**

Units 4; Class Hours: Minimum of 48 lecture/48 lab/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): MATH 130 or equivalent. Description: Covers basic concepts of physics, including the nature of physics, mechanics, elasticity and simple harmonic motion, waves and sound, fluids, heat and temperature, and the kinetic theory of gases. The course meets general education requirements and requirements for many majors in the life sciences. Transfer: CSU: B1, B3, UC*. (IGETC: 5A*)

PHYS 220 GENERAL PHYSICS II**(CAN PHYS 4) (CAN PHYS SEQ A = PHYS 210 + 220)**

Units 4; Class Hours: Minimum of 48 lecture/48 lab/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): PHYS 210. Description: Basic concepts of physics including the nature of physics, electricity and magnetism, electromagnetic waves, optics, the special theory of relativity, atomic physics, and quantum mechanics. The course meets requirements for many majors in the life sciences. Transfer: CSU: B1, B3, UC*. (IGETC: 5A)

PHYS 250 PHYSICS WITH CALCULUS I**(CAN PHYS 8) (CAN PHYS SEQ B = PHYS 250 + 260 + 270)**

Units 4; Class Hours: Minimum of 48 lecture/48 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): MATH 251 or equivalent. Description: This course is the first in a three-semester series designed to provide a thorough foundation in the fundamentals of physics to students majoring in engineering or the physical sciences. Topics include classical mechanics, fluids, and wave motion. Transfer: CSU: B1, B3, UC*. (IGETC: 5A*)

PHYS 260 PHYSICS WITH CALCULUS II**(CAN PHYS 12) (CAN PHYS SEQ B = PHYS 250 + 260 + 270)**

Units 4; Class Hours: Minimum of 48 lecture/48 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): PHYS 250; and MATH 252 or equivalent. Description: This course is the second in three-semester series designed to provide a thorough foundation in the fundamentals of physics to students majoring in engineering or the physical sciences. Topics include thermodynamics, electricity and magnetism. Transfer: CSU: B1, B3, UC*. (IGETC: 5A*)

PHYS 270 PHYSICS WITH CALCULUS III**(CAN PHYS 14) (CAN PHYS SEQ B = PHYS 250 + 260 + 270)**

Units 4; Class Hours: Minimum of 48 lecture/48 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): PHYS 250; and MATH 252 or equivalent. Description: This course is the third in a three-semester series designed to provide a thorough foundation in the fundamentals of physics to students majoring in engineering or the physical sciences. Topics include electro-magnetic waves, geometrical and physical optics, relativity, and quantum physics. PHYS 260 and 270 may be taken in either order. Transfer: CSU, UC*. (IGETC: 5A*)

PHYS 405 APPLIED RADIOGRAPHIC PHYSICS

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): MATH 110 or equivalent and an introductory course in Physical Science such as CHEM 192, 410 or equivalent. Description: Introduction to the basic ideas about matter, energy, electricity, magnetism and electromagnetic radiation, with emphasis on X-ray phenomena. Applications to the interaction of radiation with matter and X-ray circuits are included. This course is required for students pursuing careers as Radiologic Technologists. Transfer: CSU: B1.

POLITICAL SCIENCE**PLSC 103 CRITICAL THINKING ABOUT WORLD POLITICS**

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This introductory course is designed to improve the student's ability to think clearly about world political problems and their social, political, and economic implications. Reasoning skills are applied when evaluating and constructing convincing arguments about current world political controversies. Transfer: CSU: A3, UC.

PLSC 130 INTRODUCTION TO INTERNATIONAL RELATIONS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Introductory survey of world conflicts that have contributed to a global quilt work of international relations. The historical background, recent and ongoing developments in the international politics of the major countries and regions of the world are explored for their social, political and economic implications with foci on conflicts and their respective resolutions. Also included is the study of the nation-state system, military and economic challenges to world peace and attempts to resolve international conflicts through diplomacy. Transfer: CSU: DSI, UC. (IGETC: 4)

PLSC 150 INTRODUCTION TO POLITICAL THEORY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This class provides the foundation for the study of political science and the nature of government. Political Theory has a tradition aimed

at clarifying the preconditions for a well-ordered society. Critically thinking about the elements of a social contract - leadership, religion, government, civic culture and class are the framework. Transfer: CSU: DSI, UC. (IGETC: 4)

PLSC 170 INTRODUCTION TO COMPARATIVE POLITICS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course introduces students to the technique of comparing nation-states using different approaches to study multiple governments such as institutional, cultural and class. Political cultures are compared in order to critically analyze the viability of particular governments on a global scale. Topics include: civic culture, group politics, functionalism, dependency, legitimacy and leadership. Transfer: CSU: DSI, UC.

PLSC 200 NATIONAL, STATE AND LOCAL GOVERNMENTS

Units (Grade Option) 5; Class Hours: Minimum of 80 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course provides the foundation to the development of American Democracy from state to national governments leading to the creation of a federal government based upon constitutional checks and balances. US and California Constitutions are emphasized as providing the framework for political institutions and processes of Federal, State and Local Governments. Not open to students who have taken PLSC 210 or 310 or a comparable course in American or state institutions. Transfer: CSU: DUS-2, DUS-3 & DSI, UC.

PLSC 210 AMERICAN POLITICS (CAN GOVT 2)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course is a study of the U.S. and California Constitutions with foci on the political philosophies of its framers and the inter-related functions of the three branches of the federal government. Students closely examine the rights and obligations of all citizens as established by the U.S. and California Constitutions in conjunction with evolving Judeo-Christian democratic principles. Contemporary relationships between federal, state and local governments are consistently explored. Transfer: CSU: DUS-2, DUS-3 & DSI, UC. (IGETC: 4)

PLSC 310 CALIFORNIA STATE AND LOCAL GOVERNMENT

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: California state and local government with special emphasis on the U.S. and California Constitutions as providing the basic framework for our political institutions and processes of Federal, State, and local government. Relationships between Federal, State, and local governments are explored also. Transfer: CSU: DUS-3 & DSI.

PLSC 320 LATIN AMERICAN POLITICS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Focuses on the relationship between politics, economics and societal developments over time. The theoretically developed approach to Latin American Politics focuses on the study of political institutions: their effects on party development, presidential-legislative interaction, policy choice and the way these institutions are chosen. Additionally, it is important in most contexts to look at the military interventions in politics throughout this region during much of the twentieth century. Therefore, this course analyzes the domestic as well as international effects on development - political, social and economic while evaluating the unique experiences of each nation-state that is considered part of Latin America. Transfer: CSU: DSI.

PSYCHOLOGY

PSYC 100 GENERAL PSYCHOLOGY (CAN PSY 2)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Introduction to major topics, theories, and research methods of psychology. Topics include the biological determinants and general processes of behavior such as development, learning, verbal behavior, intelligence, perception, motivation, emotion, personality, social, abnormal and includes methods of therapy. Transfer: CSU: DSI, UC. (IGETC: 4)

PSYC 106 PSYCHOLOGY OF PREJUDICE AND DISCRIMINATION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: This course focuses on psychological theories and research studies of prejudice and discrimination. The nature of discrimination is examined in relation to prejudice behavior and the variables which influence the psychological development, adjustment and coping strategies of ethnic minority groups in the United States. The development of prejudice in children is examined. Economic, educational, political, and legal issues are analyzed for their psychological impact specifically on Americans of African, Asian, Hispanic, and Native American descent. However, other ethnic minority groups are included. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: DSI, UC. (IGETC: 4)

PSYC 108 PSYCHOLOGY IN PRACTICE

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Application of psychological principles to problems of everyday living, in contrast to the technical-scientific approach of Psychology 100. Intended for students who want a general picture of human psychology. (May not be taken for credit following PSYC 100). Transfer: CSU.

PSYC 110 MARRIAGE AND RELATIONSHIP CHOICES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** This is a broad survey of past, present, and future relationships which involve closeness and intimacy. Lifestyles of singlehood, marriage, divorce, and widow/widowerhood are discussed. Other topics include love and romance, sexual values, loneliness, power, jealousy, communication and conflict, choices of relationships, and stepfamilies. Transfer: CSU: DSI.

PSYC 112 APPLIED PSYCHOLOGY THROUGH FILM

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** This course focuses on topics in the field of psychology using the media of film with attention given to the following areas: maladaptive behavior, the special child, interpersonal relationships, adolescent adjustment, learning and personality development, and the adjustment of the elderly. Transfer: CSU: DSI.

PSYC 200 DEVELOPMENTAL PSYCHOLOGY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** This course examines human development across the lifespan, from conception through death by focusing on theories and methods of psychological research; including physical, cognitive, social, and emotional changes throughout the lifespan. Emphasis on development as an on-going process understanding the interaction of development issues: nature vs. nurture, continuity vs. discontinuity, and stability vs. instability. This course is designed as a foundation for careers in educational, social, psychological, and medical fields as well as providing a better understanding of one's own development process. Transfer: CSU: DSI & E1, UC*. (IGETC: 4)

PSYC 201 CHILD DEVELOPMENT (CAN FCS 14)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): PSYC 100. **Description:** Overview of the developmental trends affecting human growth from the prenatal period to adolescence. Factors influencing physical, emotional, mental, and social development are also analyzed. PSYC 100 is a required prerequisite for transfer. Transfer: CSU: DSI, UC*. (IGETC: 4)

PSYC 202 ADOLESCENT BEHAVIOR

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** The behaviors, values and complexities of the adolescent years. The changes that occur in physical, emotional, mental, and social development during adolescence and their implications are studied. Transfer: CSU: DSI, UC. (IGETC: 4)

PSYC 205 SOCIAL SCIENCE RESEARCH METHODS (Also SOCI 205)

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for ENGL 110; Prerequisite(s): PSYC 100 or

SOCI 100. **Description:** Designed to introduce students to the basic principles of social science research. Various sociological and psychological research methods are examined that include experimental research, survey research, field research, and comparative-historical research. Procedures to evaluate the soundness of research designs are examined. Ethical issues related to research techniques are also considered. Transfer: CSU: DSI.

PSYC 221 THE SPECIAL CHILD

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** Issues and changes in the field of special education. Descriptive and diagnostic differences of exceptional persons (deaf, learning disabled, orthopedically handicapped, visually handicapped, emotionally disturbed, deaf/blind, and the gifted) are studied. Transfer: CSU.

PSYC 300 SOCIAL PSYCHOLOGY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** Study of human interaction, with emphasis on how thoughts, feelings, and behavior of individuals are influenced by actual, imagined, or implied presence of others. Focus of course is on social factors that influence human behavior; ourselves and other people, institutions and social and physical structures people create. A review of various perspectives unique to social psychologists including attitude formation, interpersonal attraction, and aggression is examined. Transfer: CSU: DSI, UC. (IGETC: 4)

PSYC 330 SPORTS PSYCHOLOGY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** An analysis of psychological and sociological concepts relating to participation in sports. The mental factors which help produce optimum performance are examined. Also included are the latest research and practice in applied sports psychology. Transfer: CSU.

PSYC 340 INTRODUCTION TO HUMAN SEXUALITY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** Human Sexuality is a broad field in which many cultural, psychological and physiological variables interact in relation to sexual development, attitudes and behaviors. Methods of scientific psychology are utilized to improve understanding of a broad range of behaviors ranging from healthy to dysfunctional within mainstream modern American culture as well as other cultures. Discussion of differing cultural and moral perspectives is utilized to assist students in making a critical assessment of the nature of the sexual self as well as intimate human relationships within their own community and the world. Transfer: CSU: DSI & E1, UC. (IGETC: 4)

PSYC 391 PARENTING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or

ESL 400; *Prerequisite(s): None.* **Description:** The stages of parenting and their social and cultural implications. Guides for positive parenting structures for parents, single parents, stepparents and working parents are provided. Emphasis is placed on the adjustment to parenthood and guidelines for meeting the needs of children. Recommended as an elective for Early Childhood Education majors. Transfer: CSU.

PSYC 410 ABNORMAL PSYCHOLOGY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. **Description:** Elaboration on the study of abnormal behavior and personality introduced in previous courses. Topics include neuroses, psychoses and other psychological problems, along with their etiology, dynamics, principal symptoms, and treatments. The relationship between theory of personality and psychotherapy is explored. Transfer: CSU; DSI, UC. (IGETC: 4)

RADIOLOGIC TECHNOLOGY

Radiologic Technology courses are only open to those students who:

- Have been accepted in the Associate Degree Radiologic Technology program, or
- Have graduated from the Radiologic Technology program, or
- Have been accepted and are actively enrolled in a Radiologic Technology Program at another institution, or
- Possess certification as a Radiologic Technologist

If you have been blocked from enrolling in a RADT course, and you believe you have met one of the enrollment conditions listed above, please call Rafael Rivera, Program Coordinator at 650.306.3283

RADT 400 ORIENTATION TO RADIOLOGIC TECHNOLOGY

Units 2; Class Hours: Minimum of 32 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): None. **Description:** This course is an orientation to Radiologic Technology including organization of medical practice, the socioeconomic, political and legal aspects of health care with special emphasis on radiology. Included is an introduction to radiation protection and the provisions of the California Administrative Code, Title XVII Radiation Control Regulations.

RADT 408 PERSPECTIVES IN RADIOLOGY

Units 0.5; Class Hours: Minimum of 4 lecture/12 by arrangement lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Acceptance to the Radiologic Technology Program. **Description:** This course is designed for the person who has been accepted to the Radiologic Technology Program and the person who has been accepted to the program in the "alternate" status. It consists of guided observation of the working radiology department and requires the student to complete a descriptive paper on the experience.

RADT 410 RADIOGRAPHIC POSITIONING

Units 4; Class Hours: Minimum of 48 lecture/48 lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Acceptance in the Radiologic Technology Program. **Description:** Positioning of the human body for radiographic purposes is covered in this course. Included are all routine examinations, discussion of pathologic conditions encountered on radiographs. Laboratories offer demonstration and student practice on actual radiographic equipment.

RADT 415 RADIATION PROTECTION AND BIOLOGY

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): PHYS 405. **Description:** Study of the effects and methods of measurement of radiation in the human body. Discussion of historic and current concepts in governmental regulations and protection requirements provides the student with background sufficient to understand the methods for protecting patients as well as medical personnel from unnecessary radiation exposure.

RADT 418 CLINICAL EDUCATION I

Units 4.5; Class Hours: Minimum of 256 lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Acceptance in the Radiologic Technology Program and concurrent enrollment in RADT 410. **Description:** Designed for the first semester Radiologic Technology student. Includes orientation to clerical procedures, film processing/darkroom procedures, patient transportation procedures, supplies and equipment. Students observe and participate in radiographic positioning and other procedures appropriate to the student's current level of education.

RADT 420 RADIOGRAPHIC POSITIONING II

Units 3.5; Class Hours: Minimum of 48 lecture/24 lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): RADT 410 and concurrent enrollment in RADT 428. **Description:** Positioning the human body for radiographic purposes with emphasis on neuro-radiography, genito-urinary and vascular radiography. Specialized procedures of the skeletal, respiratory and gastro-intestinal systems and patient care are included. Pathological conditions appropriate for radiographers are discussed. Students perform related projects in the affiliated hospital to which they are assigned for Clinical Education (RADT 428).

RADT 428 CLINICAL EDUCATION II

Units 5; Class Hours: 16 lab hours/21 weeks; total 328 hours; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Successful completion of RADT 418 and concurrent enrollment in RADT 420. **Description:** Designed for the second semester Radiologic Technology student. Students continue to build their skills in radiographic positioning and maintain their skill levels in tasks mastered in RADT 418.

RADT 430 PRINCIPLES OF RADIOGRAPHIC FILM PRODUCTION

Units 3.5; Class Hours: Minimum of 48 lecture/24 lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): PHYS 405 with a grade of "C" better. Description: Application of the theoretical physics principles of the production of radiation to the practical job of producing quality radiographs with the least possible exposure dose to the patient. Included is a thorough exploration of the major and minor technical factors and their use and effects, analysis of film quality, and methods for correcting improperly exposed radiographs. Transfer: CSU.

RADT 435 IMAGING EQUIPMENT AND QUALITY CONTROL

Units 1.5; Class Hours: Minimum of 16 lecture/24 lab hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): RADT 430. Description: Introduction to the various types of equipment and tests required to organize and implement a program of quality control in diagnostic imaging. Traditional and innovative imaging equipment requiring quality control programs are discussed.

RADT 438 CLINICAL EDUCATION III

Units 2.5; Class Hours: 16 lab hours/week for 10 weeks; total 160 hours; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): RADT 428. Description: Designed for the third semester Radiologic Technology student. Students continue to build their skills.

RADT 440 ADVANCED IMAGING MODALITIES AND SPECIALIZED PROCEDURES

Units 4; Class Hours: Minimum of 64 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): RADT 410, 420, and 430 with grades of C or better or certification as a Radiologic Technologist. Description: Students apply basic technical and positioning knowledge to special procedures and care of the patient undergoing such procedures. Appropriate pathology encountered in special procedures is discussed. Principles of CT and MRI are introduced in this course.

RADT 441 SECTIONAL ANATOMY

Units 1.5; Class Hours: Minimum of 24 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): BIOL 250 or equivalent or certification as a Radiologic Technologist. Description: The human anatomic structures from a sectional perspective utilizing transverse and axial planes for reference are covered in this course. Anatomic landmarks are identified. This course is required for Radiologic Technology students.

RADT 442 RADIOGRAPHIC PATHOLOGY

Units 1.5; Class Hours: Minimum of 24 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): BIOL 250 or 260 or technical experience in Radiography. Description: Disease processes commonly encountered by the Radiographer are presented in this course. Students study Radiographic CT and MRI images of skeletal, neurologic, gastro-intestinal, respiratory, circulatory and reproductive systems. This course is required for Radiologic Technology students.

RADT 448 CLINICAL EDUCATION IV

Units 6.5; Class Hours: 24 lab hours/week for 18 weeks; total 432 hours; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Successful completion of RADT 438. Description: Designed for the fourth semester radiologic technology student. Students continue to build the skills obtained in previous clinical education experiences.

RADT 450 REGISTRY REVIEW

Units 1.5; Class Hours: Minimum of 24 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Successful completion of or concurrent enrollment in an approved Radiologic Technology Program. Description: Designed to prepare the student for board examination through lecture review and preparatory testing. This course is required for the Radiologic Technology student.

RADT 458 CLINICAL EDUCATION V

Units 7.5; Class Hours: 24 lab hours/week for 20 weeks; total 480 hours; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Successful completion of RADT 448. Description: Designed for the fifth semester radiologic technology student. Students continue to build the skills obtained in previous clinical education experiences.

RADT 468 CLINICAL EDUCATION VI

Units 5.5; Class Hours: 40 lab hours/4 weeks, 24 lab hours/8 weeks; total 352 hours; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Satisfactory completion of RADT 458. Description: This final phase of clinical education allows the student to perform radiographic procedures on patients in affiliated hospitals with minimal or indirect assistance in preparation for entry into employment. The final four weeks of training are dedicated to a specialized area of radiography and require full time attendance in the clinical setting.

RADT 470 SPECIALIZED TECHNIQUES: MAMMOGRAPHY

Units (Grade Option) 1.5; Class Hours: Minimum of 24 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Enrollment in the Radiologic Technology program or certification as a Radiologic Technologist. Description: This course covers the curriculum mandated by the California Department of Health Services, Radiologic Health Branch. It satisfies requirements for qualifications and continuing education provisions for persons who perform mammographic x-ray procedures.

RADT 471 SPECIALIZED TECHNIQUES: FLUOROSCOPY

Units (Grade Option) 2; Class Hours: Minimum of 32 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Certification as a radiologic technologist. Description: This course covers the curriculum mandated by the California Department of Health Services, Radiologic Technology Branch. It satisfies requirements for qualifications and continuing education provisions for persons who perform fluoroscopic x-ray procedures.

RADT 474 VENIPUNCTURE FOR CONTRAST MEDIA ADMINISTRATION

Units 1; Class Hours: Minimum of 8 lecture/24 lab hours/semester; Recommended: Eligibility for READ 420, ENGL 100, and MATH 110 or 111; Prerequisite(s): California full certification as a radiologic technologist or enrollment as a second year student in a two year radiologic technology program. Description: A training course in the techniques of venipuncture used by radiologic technologists for the introduction of contrast media into patient tissues. Also included are lectures on the pharmacology of contrast media.

RADT 475 SPECIALIZED TECHNIQUES: PRINCIPLES OF COMPUTED TOMOGRAPHY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 420 and ENGL 100; Prerequisite(s): Certification as a radiologic technologist or RADT 415. Description: This course is a comprehensive study of Computed Tomography (CT), including physical principles and clinical applications. Sectional anatomy, patient care, professional ethics, pathology correlation, procedural protocols, and contrast media are included. Transfer: CSU.

READING

(See courses under English, Literature and Reading)

REAL ESTATE

R.E. 100 REAL ESTATE PRINCIPLES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: The study of real property and laws relating to ownership; contracts; appraisal; taxes; transfer of property, financing real estate brokerage and ethics; landlord/tenant; agency and licensing. (Meets state requirements for salesperson examination.) Transfer: CSU.

R.E. 110 REAL ESTATE PRACTICE

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: A comprehensive presentation of real estate brokerage skills with emphasis on the daily activities of salespersons and brokers; including ethics, disclosures, prospecting, listing, advertising, financing, escrows, and property management and leasing. Transfer: CSU.

R.E. 141 REAL ESTATE APPRAISAL

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Overview of the appraisal of real estate including an analysis by the market data, income and cost approaches to value. Influences on real estate values, economic principles and highest and best-use analysis. Emphasis is on single-family residence and income-producing properties such as

apartments and commercial uses. (This class meets one of a number of required classes needed to take the California state salesperson's exam.) Transfer: CSU.

SECRETARIAL/OFFICE SKILLS/WORD PROCESSING

(see Business/Office Technology)

SOCIOLOGY

SOCI 100 INTRODUCTION TO SOCIOLOGY (CAN SOC 2)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Introductory course on the identification and analysis of basic social structures and forces that motivate and direct social behavior. Additional topics include research methods and a survey and analysis of American social institutions with a focus on social inequality and social change. Transfer: CSU: DSI, UC. (IGETC: 4)

SOCI 105 SOCIAL PROBLEMS (CAN SOC 4)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: An overview of selected social problems in the United States viewed from a sociological perspective. Topics include poverty, globalization, the environment, health care, crime, education, racial inequality, and gender inequality among other topics. Emphasis is placed on identifying the social causes as well as developing practical solutions. Transfer: CSU: DSI, UC. (IGETC: 4)

SOCI 141 ETHNICITY AND RACE IN SOCIETY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or ESL 400; Prerequisite(s): None. Description: Examines sociological theories of ethnicity and race as well as explores the contemporary experiences of and sociological debates around racial and ethnic minorities in the US. An emphasis is placed on the contrastive and relational dimensions of identity and the processes of boundary making and unmaking. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: DSI, UC. (IGETC: 4)

SOCI 205 SOCIAL SCIENCE RESEARCH METHODS (Also PSYC 205)

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for ENGL 110; Prerequisite(s): PSYC 100 or SOCI 100. Description: Designed to introduce students to the basic principles of social science research. Various sociological and psychological research methods are examined that include experimental research, survey research, field research, and comparative-historical research. Procedures to evaluate the soundness of research designs are examined. Ethical issues related to research techniques are also considered. Transfer: CSU.